

# ST. JOHN'S CATHOLIC PRIMARY SCHOOL



## School Dinner Menu – Week Commencing 29<sup>th</sup> of January 2024

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>
<b>Main Meal</b> We provide a variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread	All Day Breakfast	Chinese Chicken Curry with Rice and Prawn Crackers	Homemade Cottage Pie with Peas and Carrots	Fish Fingers or Fish Cake served with Chips or Beans
<b>Alternative</b> Jacket Potatoes with Tuna and other Fillings Available Daily	Spanish Omelette	Roasted Red Pepper Quiche	Vegetable & Lentil Stew	Vegetable Quesadillas	Veggie Sausage Roll
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Toast	Wholegrain Rice	Mash	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Tomatoes	Mushrooms	Cabbage	Carrots	Baked Beans
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch Time	Fresh Fruit Salad Pots  Yoghurts	Shortbread Biscuits  Fresh Fruit	Sponge Cake topped with Jam and Whipped Cream  Yoghurts	Apple  Fresh Fruit	Cheese and Crackers  Fresh Fruit

