

ST. JOHN'S CATHOLIC PRIMARY SCHOOL



School Dinner Menu – Week Commencing 4th of December 2023

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>
Main Meal We provide a variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Tomato and Basil Pasta	Spaghetti and Meatballs	Sausage and Mash with Peas and Gravy	Chicken Curry with Wholemeal Rice and Onion Bhajis	Fish Fingers or Fish Cake served with Chips or Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Vegetable Biryani	Cheese and Tomato Panini	Macaroni Cheese	Cheese and Red Onion Quiche	Veggie Sausage Roll
Starchy Food Various Bread Choices Available	Wholemeal Pasta	Wholemeal Spaghetti	Mash	Wholemeal Rice	Homemade Chips
Vegetables Salad Bar with Hummous	Peppers	Tomatoes	Peas	Onions	Baked Beans
Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch Time	Apple and Oat Crumble Fresh Fruit	Homemade Rice Pudding with Strawberry Jam Yoghurts	Iced Sponged Cake with Custard Fresh Fruit	Fresh Fruit Yoghurt	Cheese and Crackers Fresh Fruit

