ST. JOHN'S CATHOLIC PRIMARY SCHOOL

Executive Headteacher: *Mr Davey*
Chair of Governors: *Dr J McNeill*

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Wednesday 11th November 2026

Dear Parents and Carers,

Further from the letter sent out to you on Thursday 15th October 2026 we would like to remind you that St John's continues to be a nut free school. Please work with us to ensure the safety of every child in our school.

At St John's, the safety and wellbeing of all our pupils is our highest priority. We have children within our school community who have severe food allergies, some of which could result in a life-threatening allergic reaction if they come into contact with certain foods.

As part of our commitment to keeping all children safe, we are sharing the attached Packed Lunch Allergy Safety – Guidance for Schools document. This guidance outlines the measures we have in place and explains how families can help us minimise the risk of accidental exposure to allergens.

We are writing to politely remind and reinforce to all parents and carers that we are a nut-free day nursery and school. Nuts and any products containing nuts are not allowed to be in packed lunches (or on our premises).

We also kindly ask that all parents and carers read this: guidance carefully and reinforce with their children the importance of:

- Not sharing food, drinks, or utensils with others.
- Washing hands before and after eating.
- Following school procedures during mealtimes.

In addition, we have provided a Healthy Lunchbox Poster, which includes examples of foods from each food group to help families prepare balanced and nutritious packed lunches. We hope this will provide useful ideas and support when choosing healthy lunchbox options for your child.

We understand that accommodating these requests may require additional care when preparing packed lunches, and we greatly appreciate your support. By working together, we can help ensure that all children can attend school safely and confidently.

If you have any questions about the guidance or would like further information regarding our allergy management procedures, please do not hesitate to contact the school office (entitled 'For the attention of Mrs Naylor').

Thank you for your continued cooperation and support in keeping all children safe.

Yours sincerely,

Mrs Naylor (Health and Wellbeing School Lead) and Mr Davey (Executive Headteacher)