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FOOD FOR THOUGHT
GOOD FOOD CULTURE

Lunch Menu

w/c
2nd Nov



MEAT FREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Carrot & Coriander Soup	Chef Choice Soup	Leek & Potato Soup	Chef Choice Soup	
2	Wholemeal Pizza, Wedges & Beans	Chicken Dhansak with Rice & Naan Bread	Meatball Sub with Salad & Tortilla Chips	Turkey Roast Dinner with Seasonal Vegetables & New Potatoes	Fish FIngers with Chips & Garden Peas
	Tuna Pasta	Cheese & Onion Plate Pie with Seasonal Vegetables	Cheese Subs Tuna Subs	Twice Baked Jacket Potatoes	Vegetable Curry & Wholemeal Rice
3	Fresh Fruit Salad & Yoghurt	Fresh Fruit & Yoghurt	Pineapple & Coconut Sponge	Fresh Fruit & Yoghurt	Cheese & Crackers, Fresh Fruit & Yoghurt
	Chef's Special, Jacket Potatoes with Tuna, Cheese or Hummus & Salad, Fresh Fruit & Yoghurt				

KEY

- Vegetarian
- Vegan
- Oily Fish
- Cookery Coach Recipe

Please speak to a member of staff about dietary requirements and scan the QR code for our allergen matrix.

All menus are checked by a nutritionist and adhere to School Food Standards.

