

# Lunch Menu Week 6

You must inform the school office  
IMMEDIATELY if you think your child has ANY  
food allergies. Please click [HERE](#) for NHS advice.

## Expanded Free School Meals Information

| 5 <sup>th</sup> Oct | Meat Free Mondays<br>Monday                        | Tuesday                                          | Wednesday                       | Thursday                                                | Friday                                                       |
|---------------------|----------------------------------------------------|--------------------------------------------------|---------------------------------|---------------------------------------------------------|--------------------------------------------------------------|
| SOUP                | <i>Chef's Special Soup of the Day Served Daily</i> |                                                  |                                 |                                                         |                                                              |
| HOT MAINS           | Asian Noodles                                      | Chef Daniel's Beef & Bean Quesadillas with Salad | BBQ Chicken with Rice           | Ham Roast Dinner with Cauliflower Cheese & New Potatoes | Fish Fingers or Fish Cake served with Homemade Chips & Beans |
|                     | Meat Free Burritos                                 | Twice Baked Jacked Potato                        | Vegetarian Sausage Toasties     | Cheese & Onion Plate Pie                                | Veggie Sausage Rolls                                         |
| CHEF SPECIAL        | Tomato Pasta                                       | Spaghetti Bolognese                              | Salt & Pepper Chicken with Rice | Veggie Roast                                            | Ask Chef About Today's Special                               |
| DESSERT             | Sponge Cake with Custard                           | Biscuits                                         | Fresh Fruit Salad               | Fresh Fruit Trifle                                      | Crackers and Cheese                                          |

***Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt***