

SUMMER EVENTS

BEAUTIFUL NEW BEGINNINGS



Join us for a fun packed
Summer Holidays!

FULLY FUNDED/
DONATION BASED

ACTIVITIES
FOR ALL
THE FAMILY

- pilates in the park •
- wellbeing warriors •
- woodland journalling •
- family mindfulness •
- family yoga •

- surfers against sewage ocean school •
- park family fun & activities •
- woodland walk & mini beast hunt •
- stand up paddle boarding •
- beach yoga & ocean journalling •
- theta healing meditation •
- childrens yoga •
- beach & park wellbeing walks •
- buggy walks •
- SEND parents coffee evening •
- and much more!

BOOKING
ESSENTIAL,
LIMITED
PLACES



To book visit: www.beautifulnewbeginnings.co.uk/events or scan
QR code. Events will be updated throughout the Summer.