

Lunch Menu Week 28

Spanish Day



W/C 20 th April	Meat Free Mondays Monday	Spanish Day	Wednesday	Thursday	Friday
SOUP	<i>Chef Special Soup of the Day Served Daily</i>				
HOT MAINS	Tomato & Basil Pasta	Spanish Chicken with Rice and Beans	Sausage and Mash with Gravy	Caribbean Curry Beef with Rice	Fish Fingers or Fish Cakes served with Homemade Chips
	Red Pepper Quiche	Spanish Omelette	Vegetable Singapore Rice	Spanish Omelette	Veggie Sausage Rolls
CHEF SPECIAL	Tuna Pasta	Vege Spanish Chicken with Rice and Beans	Vegetable Sausage and Mash	Vege Curry with Rice	Jacket Potatoes
DESSERT	Fresh Fruit Salad	Cupcakes	Iced Sponge Cake with Custard	Flapjacks	Crackers and Cheese

Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt