



Lunch Menu Week 22

W/C 2 nd Mar	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	<i>Chef Special Soup of the Day Served Daily</i>				
HOT MAINS	Wholemeal Pizza & Wedges	Beef Chilli Tacos with Tortilla Chips	All Day Breakfast	Homemade Scouse with Crusty Bread	Fish Fingers or Fish Cakes served with Homemade Chips
	Vegetarian Chilli with Rice	Asian Noodles	Roasted Red Pepper Quiche with Salad	Quorn Stovies	Welsh Rarebit
CHEF SPECIAL	Tuna Pasta	Chilli & Rice	Veggie Breakfast	Hot Cheese Wraps	Jacket Potatoes
DESSERT	Sponge Cake & Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Barabrith

Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt