



# Lunch Menu Week 23

W/C 9 <sup>th</sup> Mar	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	<i>Chef Special Soup of the Day Served Daily</i>				
HOT MAINS	Quorn Mince Cottage Pie with Seasonal Veg	Jewel's Chicken Karahi with Rice	Chef Daniel's Beef and Bean Quesadillas	Beef Stifado with Wholegrain Rice	Fish Fingers or Fish Cakes served with Homemade Chips
	Broccoli & Cream Cheese Pasta Bake	Spanish Omelette with Salad	Vegetable & Lentil Stew	Vegan Ravioli in Tomato Sauce with Crusty Bread	Veggie Sausage Roll
CHEF SPECIAL	Mac & Cheese	Veggie Curry & Rice	Spaghetti Bolognese with Garlic Bread	Twice Baked Jacket Potatoes	Jacket Potatoes
DESSERT	Fresh Fruit Salad	Apple Flapjacks	Sponge Cake Topped with Jam & Whipped Cream	Shortbread Biscuits	Crackers and Cheese

**Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt**