



# Lunch Menu Week 13

W/C 1 <sup>st</sup> Dec	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	<i>Chef Special Soup of the Day Served Daily</i>				
HOT MAINS	Tomato and Basil Pasta with Salad & Garlic Bread	Chicken Stir Fry Noodles	Sausage Rolls with Wedges and Beans	Chicken Curry with Rice and Onion Bhajis	Fish Fingers or Fish Cakes served with Homemade Chips
	Cheese & Red Onion Quiche	Cheese & Tomato Panini with Salad	Cheesy Macaroni	Vegetable Biryani	Veggie Sausage Rolls
CHEF SPECIAL	Ask Chef what the special is today!	Stir Fry Noodles	Vegetable Sausage & Mash	Vegetable Chicken Curry	Jacket Potatoes
DESSERT	Fresh Fruit Salad	Flap Jacks	Iced Sponge Cake	Ice Cream	Crackers and Cheese

**Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt**