



# Lunch Menu Week 17

W/C 19 <sup>th</sup> Jan	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
<b>SOUP</b>	<i>Chef Special Soup of the Day Served Daily</i>				
<b>HOT MAINS</b>	Wholemeal Pizza & Potato Wedges	Chicken Curry with Wholegrain Rice	Chef Daniel's Beef & Bean Quesadillas	Stir Fry	Fish Fingers or Fish Cakes served with Homemade Chips
	Vegetable & Lentil Stew	Broccoli & Cream Cheese Pasta Bake	Macaroni Cheese	Spanish Omelette with Salad	Veggie Sausage Rolls
<b>CHEF SPECIAL</b>	Ask Chef what the special is today!	Veggie Curry	Spaghetti Bolognese	Chef Bonnie's Sunshine Pasta	Jacket Potatoes
<b>DESSERT</b>	Fresh Fruit Salad	Apple Flapjacks	Donuts	Ice Cream	Crackers and Cheese

***Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt***