

# Lunch Menu Week 18

W/C 26 <sup>th</sup> Jan	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
<b>SOUP</b>	<i>Chef Special Soup of the Day Served Daily</i>				
<b>HOT MAINS</b>	Vegan Ravioli with Crusty Bread	All Day Breakfast	Chinese Chicken Curry with Rice & Prawn Crackers	Homemade Cottage Pie with Peas & Carrots	Fish Fingers or Fish Cakes served with Homemade Chips
	Spanish Omelette with Salad	Roast Red Pepper Quiche with Salad	Vegetable Egg Fried Rice	Vegetable and Lentil Stew	Veggie Sausage Rolls
<b>CHEF SPECIAL</b>	Ask Chef what the Special is today!	Vegetable Breakfast	Vegetable Curry	Ask Chef what the Special is today!	Jacket Potatoes
<b>DESSERT</b>	Fresh Fruit Salad	Shortbread Biscuits	Sponge Cake	Ice Cream	Crackers and Cheese

**Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt**