

Lunch Menu Week 10

W/C 10 th Nov	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	<i>Chef Special Soup of the Day Served Daily</i>				
HOT MAINS	Tomato and Basil Pasta with Salad & Garlic Bread	Chicken Curry with Rice	Sausage, Wedges and Beans	Spaghetti Bolognese & Garlic Bread	Fish Fingers or Fish Cakes served with Homemade Chips
	Meat Free Burritos	Roasted Pepper, Cheese & Tomato Quiche	Homemade Cheesy Macaroni	Veg & Cheese Quesadillas	Veggie Sausage Rolls
CHEF SPECIAL	Ask Chef what the special is today!	Vegetable Curry with Rice	Jollof Rice	Vegetable Stir Fry	Jacket Potatoes
DESSERT	Fresh Fruit Salad	Flap Jacks	Fresh Fruit Salad	Ice Cream	Crackers and Cheese

Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt