

ST. JOHN'S CATHOLIC PRIMARY SCHOOL

Headteacher: *Miss D Maudsley*
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Dear Parents,

It has been brought to our attention that there has been an incident of head infestation. As I am sure you will be aware, problems of this nature do occur from time to time.

Please examine your child's hair on a regular basis and if necessary speak to the pharmacist who will recommend treatment.

As you are aware we do our very best at St. John's to prevent head lice. Please make sure girls hair is tied back.

The school nurse has advised us that keeping girls hair tied back or in plaits is useful.

It seems that many of the solutions available for treating head lice are becoming less effective as the lice build up immunity. The latest advice for treating infested hair is as follows:

Wash the hair

Apply lots of conditioner – about three times the usual amount.

Comb through the hair with an ordinary comb.

Comb thoroughly, forwards and backwards and from side to side. Using a fine toothcomb, wiping the comb every time.

Rinse the hair and allow to dry naturally. Do not use a blow-drier.

Repeat after three days.

Treat all the members of the household and advise anyone else who has been in contact with your child to check their own hair. Head lice are only caught from direct head to head contact. Contact may include parents, brothers and sisters, aunts, uncles, cousins, grandparents, playmates, baby sitters and child minders, family friends, or anyone else your child has been in close contact with.

Regular brushing or combing is the best safeguard against lice.

Check your child's hair once a week for lice or for their eggs (nits) which can be found sticking to individual hairs.

Yours sincerely

Miss D Maudsley
Headteacher

