

# Lunch Menu Week 3

W/C 15 <sup>th</sup> Sept	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	<i>Chef Special Soup of the Day Served Daily</i>				
HOT MAINS	Quorn Mince Cottage Pie	Chinese Chicken Curry with Rice & Prawn Crackers	Chef Daniel's Beef & Bean Quesadillas	Chicken Pie with Potatoes	Fish Fingers or Tandoori Salmon served with Chips
	Broccoli & Cream Cheese Pasta Bake	Cheese Quiche	Spicy Singapore Noodles	Macaroni Cheese	Veggie Sausage Rolls
CHEF SPECIAL	Cheese & Bean Pasta	Ask Chef what the Special is today!	Spaghetti Bolognese	Jollof Rice	Jacket Potatoes
DESSERT	Fresh Fruit Salad	Cookies	Sponge Cake topped with Jam & Whipped Cream	Ice Cream	Crackers and Cheese

***Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt***