

# Lunch Menu Week 7

W/C 13 <sup>th</sup> Oct	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
<b>SOUP</b>	<i>Chef Special Soup of the Day Served Daily</i>				
<b>HOT MAINS</b>	Pizza and Wedges	Spanish Chicken with Rice	Sausage and Mash with Gravy	Steak Pie and Potatoes	Fish Fingers or Fish Cakes served with Homemade Chips
	Quorn Mince Cottage Pie	Vegetable and Lentil Stew	Sri Lankan Sweet Potato & Coconut Curry with Rice	Spanish Omelette	Veggie Sausage Rolls
<b>CHEF SPECIAL</b>	Ask Chef what the Special is today!	Ask Chef what the Special is today!	Vegetable Sausage & Mash	Ask Chef what the Special is today!	Jacket Potatoes
<b>DESSERT</b>	Fresh Fruit Salad	Flapjacks	Iced Sponge	Ice Cream	Crackers and Cheese

**Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt**