



Lunch Menu Week 8

W/C 20 th Oct	Meat Free Mondays Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	<i>Chef Special Soup of the Day Served Daily</i>				
HOT MAINS	Broccoli Cream Pasta Bake	Chinese Chicken Curry with Rice and Prawn Crackers	Cumberland Sausage Slice with Wedges & Beans	Beef Chilli Tacos with Tortilla Chips	Fish Fingers or Fish Cakes served with Homemade Chips
	Meat Free Burritos	Vegetable & Lentil Stew	Tomato Basil Pasta	Vegan Jambalaya	Veggie Sausage Rolls
CHEF SPECIAL	Ask Chef what the special is today !			Spaghetti Bolognese with Garlic Bread	Jacket Potatoes
DESSERT	Fresh Fruit Salad	Apple Flapjack	Cup Cakes	Ice Cream	Crackers and Cheese

Available Daily: Jacket Potatoes with tuna, cheese or beans, salad, fresh fruit and Yoghurt