

Free Early Years Parent Workshops



Including: Group Nurture Classes, Group Read & Rhyme Time and Support Updating your C.V including help to find Employment (1 to 1 basis)

Nurture Classes

- Family Rules and Routines
- Positive Discipline & Parenting
- Family Communication
- Helping Children Manage Behaviour and Emotions and
- Much Much More!

When: Each Tuesday commencing the 1st of November for 6 Weeks from 1.30-3pm

Where: St John's School Hall

Read & Rhyme Time

Have fun with your little one enjoying some stories and songs while developing their language and communication skills.

Children will receive a free Bookstart bag.

When: Each Tuesday commencing the 1st of November for 6 Weeks at 2.30pm.

Sessions will be 30mins long. Where:

St John's School Hall

Update your C.V

- One to one support helping to create/ update your C.V
- Advice on how and where to look for jobs, how to use your transferable skills and helpful job search advice
- Help and advice on how to upskill
- Help searching for and applying for jobs in the Liverpool area

Sessions at the Children's Centre on a 1 to 1 basis by appointment only

All places are limited and on a first come first serve basis. To register your interest please phone the school office on 0151 922 1924 / 3106 and leave a message for Miss Barker no later than **Friday the 14th of October. Please have the name of the workshop you are interested in and your phone number to hand.**