

# Surestart

## County, Fountains, Vauxhall & Walton

- For all families with a child up to the age of 5
- Parents, Carers, Grandparents and children welcome

- Drop in or call 0151 298 2918 (Vauxhall)  
0151 233 4741 (Fountains)  
0151 233 3760 (County & Walton)

- Range of Services and Advice on: Health and Wellbeing

All matters related to bringing up babies and young children  
Confidential Family Support and Advice  
Services for children with additional needs  
Early identification and intervention of delays or other problems  
Fun play sessions to support learning and make new friends  
Services and advice relating to being ready for school  
Help and support with employment  
Training and Education opportunities  
A wonderful nursery for all your daycare needs

- Courses Available – please see below



## Fountains Children's Centre

1st April 2019 to 29th March 2020



MONDAY	9:30–10:30 Chatterbox (Bookable Session) 9:30–11:30 Welcome to the world Starts 30th Sep (bookable) 9:30–4:30 ESF Job Club (Bookable)	1:30–3:00 Baby Weighing Clinic
TUESDAY	10:00–11:00 Music & Rhyme Time 11:00–12:00 Baby Shark (Bookable Session)	1:00 - 2:00 Messy Play
WEDNESDAY	9:30–11:30 Computers 9:30–10:30 Stay & Play	Parenting Advice & Support available 5 days a week please contact centre
THURSDAY	9:30–11:30 Nurture (Creche is available and has to be booked)	1:00–2:00 Baby Massage  2pm–3pm Soft Play Drop In
FRIDAY	10:30–11:30 Baby Babble	Parenting Advice & Support available 5 days a week please contact centre

Fountains Children's Centre  
 Fountains Road, Kirkdale, L4 1QH  
 Tel: 0151 233 4741



## Soft Play Drop In

County Children's Centre

Monday's 1:30–2:30

Arnot Street, Walton, L4 4ED



Fountains Children's Centre

Thursday's 2:00–3:00

Fountains Road, Kirkdale, L4 1QH



Vauxhall Children's Centre

Thursday's 9:00–10:00

Titchfield Street, L5 8UT



Free for  
children up to age  
18 months

## Baby Babble

We have toys and activities to encourage early talking and many ideas to play at home. Share books, sing nursery rhymes and make lots of noise with musical instruments. Babies can interact with each other which helps them learn to communicate, recognise sounds and gives them confidence.

Walton Children's Centre – (Based in Walton Salvation Army)

Monday's 10:30 – 11:30

County Children's Centre –

Wednesday's 10:30 – 11:30

Vauxhall Children's Centre –

Thursday's 10:30 – 11:30

Fountains Children's Centre –

Friday's 10:30 – 11:30



Produced: Mar 2019



Liverpool  
City Council



## Music & Rhyme Time

*You can just turn up at*

Fountains Children's Centre ~ Tuesday's

10:00am – 11:00am Tel: 233 4741

County Children's Centre ~ Thursday's

9:30am – 10:30am Tel: 233 3760

Vauxhall Children's Centre ~ Monday's

1:00– 2:00 Tel: 298 2918

Walton Children's Centre

(In the Salvation Army, Cavendish Drive)

11:00—12:00



All ages Come and meet new parents and children. Enjoy singing and playing musical instruments. Encourage your child's speech and language and learn through music.



**SureStart**

Date: April 2019



<b>MONDAY</b>	10:30–11:30 Baby Babble	1:30–2:30 Healthy Me
<b>TUESDAY</b>	9:30–10:30 Messy Play <i>(Both Activities Term Time)</i> 11:00–12:00 Baby Massage	Parenting Advice & Support available 5 days a week please contact centre
<b>WEDNESDAY</b>	9:30–10:30 Chatterbox <i>(Please call to book your place)</i> <i>(Both Activities Term Time)</i> 9:30–11:00 Playbox Stay & Play <i>(Run by the Salvation Army)</i>	11:00–12:00 Music & Rhyme Time <i>(Term Time)</i>
<b>THURSDAY</b>	9:30–11:00 Playbox Stay & Play <i>(Run by the Salvation Army)</i> 11:00–12:00 Baby Shark (Bookable Session)	Parenting Advice & Support available 5 days a week please contact centre
<b>FRIDAY</b>	Parenting Advice & Support available 5 days a week please contact centre	Parenting Advice & Support available 5 days a week please contact centre

**Salvation Army**  
Cavendish Drive, Liverpool, L9 1NB  
Tel: 233 4741 or 233 3760 or 298 2918

Check out the following Websites for further information:  
<http://www.fountainsandvauxhallchildrenscentre.co.uk/opening-times/> and  
<http://ehd.liverpool.gov.uk/kb5/liverpool/fsd/home.page>

Adjusted: 14/08/2019



In County, Fountains, Vauxhall and Walton Children's Centre.

**Please book your place:**

**County Children's Centre**  
Starting Monday 21st October  
10:45–11:45

**Fountains Children's Centre**  
Starting Tuesday 22nd October  
11am–12:00

**Vauxhall Children's Centre**  
Starting Tuesday 22nd October 2019  
9:15–10:15

**Walton Children's Centre**  
Thursday 24th October  
11:00–12:00

If you want to join



We love to Learn,  
Keep Fit, Play, and  
we would  
love to see you.





# Art Sessions in a Relaxed Atmosphere



County, Walton,  
Fountains & Vauxhall  
Children's Centre



BAMBIS Stay and Play

Support also available for  
Breast feeding Mums  
Or Mums To Be who are interested in  
Breast Feeding

Fridays 10:00 - 11:00

Held at:

County Children's Centre, Arnot Street, L4 4ED.

For more information contact 233 3760.



Mindfulness    Creative  
Understanding  
Relaxing    Calm  
Stress Free

1:30–2:30

WEDNESDAY'S



# Mindfulness Art sessions

Mindfulness Art is a form of art that uses the creative process of making art to improve a person's physical, mental, and emotional well-being.

Creative arts, encourages people to express and understand emotions through artistic expression and through the creative process.

**1:30—2:30**

**Wednesday in county Children centre**



Fountains Children's Centre - Wednesdays 9:30am – 10:30am  
County Children's Centre – Monday 9:30am – 10:30am  
Vauxhall Children's Centre – Monday's 10:00am – 11:00am

**Term Time Only**

If you have a child under the age of 5 years old we would love to see you!  
Come along and let your child enjoy learning



If you require any further information please contact Fountains  
Children's Centre on - 233 4741

Vauxhall Children's Centre on – 298 2918

County & Walton Children's Centre on – 233 3760