



Week Commencing 04/11/19

## DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Wholemeal Tomato Pasta with Crusty bread	Sausage and Homemade Mash Potato Served with Gravy and Seasonal Vegetables	Homemade Vegetable Stir-Fry with Egg Noodles	Homemade Spanish Chicken with Chorizo served with Rice and Peas	Fish Fingers with Homemade Chips and Baked Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Homemade Cheese and Onion Quiche	Vegetable Paella	Vegetable and Cheese Quesadillas	Twice Baked Jackets	Veggie Burgers in a Bun
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Leek and Potato</b>	<b>Chef Choice</b>	<b>Broccoli and Cheddar</b>	<b>Chef Choice</b>
<b>Starchy Food Various Bread Choices Available</b>	Pasta	Mash	Egg Noodles	Wholemeal Rice	Homemade Chips
<b>Vegetables Salad Bar with Hummous</b>	<b>Green Beans</b>	<b>Broccoli</b>	<b>Peppers</b>	<b>Tomatoes</b>	<b>Homemade Chips</b>
<b>Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time</b>	Angie's Cookies  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Homemade Scones with Jam or Cream  Yoghurts	Fresh Fruit Pavlova  Fresh Fruit	Cheese and Crackers  Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week Commencing 11/11/19

## DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Vegetable Curry with Rice and Baked Samosa	Homemade Chicken and Ham Pie served with Minted New Potatoes and Seasonal Veg	Homemade Pizza served with Wedges and Fresh Salad	Spaghetti Bolognese served with Warmed Ciabatta Bread	Homemade Battered Fish with Homemade Chip and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Cheese and Tomato Toasties	Pesto Pasta	Welsh Onion Cakes	Spanish Omelette	Veggie Sausage Roll
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Vegetable</b>	<b>Chef Choice</b>	<b>Leek and Potato</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Rice	New Potatoes	Wholemeal Pizza Base	Spaghetti	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Hidden Veg</b>	<b>Peas</b>	<b>Fresh Salad</b>	<b>Tomatoes</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake  Fresh Fruit	Cheryl's Jam Puffs  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Vanilla Cheesecake  Fresh Fruit	Cheese and Crackers  Fresh Fruit

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Week Commencing 18/11/19

## DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne served with Salad and Crusty Bread	Shepherd's Pie served with Broccoli and Rich Onion Gravy	Vegetable Curry served with Rice and Mango Chutney	All Day Breakfast with Sausage, Hash Brown, Mushrooms, Scrambled Egg, Beans	Fish Cake or Fish Fingers and Homemade Chips Served with Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Creamy Cheese Pasta Bake	Tuna Pasta Salad	Cheese and Tomato Quesadillas	Veggie Breakfast	Homemade Salmon Fish Pie
<b>Homemade Soup</b>	Chef Choice	Leek and Potato	Chef Choice	Tomato and Basil	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Mash	Rice	Wholemeal Toast	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Tomatoes	Broccoli	Hidden Vegetables	Mushrooms	Mushy Peas
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Yoghurt Fruit Crunch Pots  Fresh Fruit	Apple Flapjacks  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Iced Sponge  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 25/11/19

## DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza with Cajun Wedges and Salad	Homemade Liverpool Scouse Served with Beetroot and Pickles	Homemade Tomato Pasta Bake Served with Green Beans and Crusty Bread	Pork Roast Dinner with Crispy Crackling served alongside Roast Potatoes, Season Vegetables and Apple Sauce	Homemade Battered Fish served with Homemade Chips and Garden Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Asian Noodles	Twice Baked Jackets	Veggie Sausage Toasties	Falafel Pitas	Veggie Sausage Rolls
<b>Homemade Soup</b>	Chef Choice	Cream of Tomato	Chef Choice	Vegetable	Chef Choice
<b>Starchy Food Various Bread Choices Available</b>	Pizza Base	Potato	Pasta	Roast Potatoes	Homemade Chips
<b>Vegetables Salad Bar with Hummous</b>	Tomato sauce	Leeks	Green beans	Broccoli/Carrots	Garden Peas
<b>Dessert Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time</b>	Angie's Cookies  Fresh Fruit	Marble Cake  Fresh Fruit	Fresh Fruit Pavlova  Yoghurts	Fresh Fruit Salad  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 02/12/19

## DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	"Frys Chicken style" Stir Fry with Egg Noodles and Stir Fry Vegetables	Beef Stifado served with Vegetable Rice and Yoghurt and Cucumber Dip	Quorn Mince Cottage Pie served with Seasonal vegetables	Chicken and Ham Pie served Roasted New Potatoes and Minted Peas	Fish Fingers served with Homemade Chips and Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Baked Samosa or Spring Roll	Aubergine Gratin	Cheese and Onion Quiche	Vegetable and Lentil Stew	Homemade Salmon Fish Pie
<b>Homemade Soup</b>	Chef Choice	Broccoli Soup	Chef Choice	Chinese Sweetcorn	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available	Noodles	Rice	Mash	Roast New Potatoes	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Bean Sprouts	Tomatoes	Seasonal Vegetables	Peas	Beans
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Apple Flapjacks  Fresh Fruit	Shortbread Biscuits  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Cherry Bakewell Slice  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 09/12/19

## DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Creamy cheese Broccoli and Pasta Bake served with Crusty Bread	Chicken Curry served with Wholemeal Rice and Green Beans	Vegetable Lasagne served with Garlic Bread and Salad	Honey Glazed Roast Ham served with Minted New Potatoes and Cauliflower Cheese	Fish Fingers with Homemade Chips and Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Red Pepper Quiche	Samosa and Spring Rolls	Welsh Rarebit	Vegetable Kebabs with Pita	Fish Cake
<b>Homemade Soup</b>	Chef Choice	Red Pepper	Chef Choice	Vegetable	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Pasta	Wholemeal Rice	Pasta Sheets	New Potatoes	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Broccoli	Green Beans	Tomatoes	Cauliflower	Baked Beans
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Cherry Flapjacks  Fresh Fruit	Pineapple and Coconut Sponge  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Scones with Butter and Jam  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 16/12/19

## DAILY CHEF SPECIALS!

Week 7	Monday	Tuesday Christmas Lunch	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza served with Homemade wedges and Salad	Christmas Dinner with Oven Roasted potatoes, Stuffing, Sprouts, Cauliflower, Carrot and Swede Mash, Chipolatas, and Gravy	Homemade Salmon Fish Pie served with Garden Peas and Leek Medley	Homemade Spaghetti Bolognese served with Crusty Bread	Christmas Party Day! Mixed Sandwiches, Sausage Rolls, Quiche, Pasta Salads, Cocktail Sausages, Salads
<b>Alternative</b> Jacket Potatoes with Tuna and other Fillings Available Daily	Twice Baked Jackets	Veggie Xmas Dinner	Tomato Pasta	Cheese and Chive Quiche	Party Day!
<b>Homemade Soup</b>	Chef Choice		Chef Choice	Tomato	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available	Pizza Base	Roast Potatoes	Mash Potato	Spaghetti	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Cucumber/Tomato	Carrot and Turnip	Peas and Leeks	Carrots	
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Iced Sponge  Fresh Fruit	Xmas Tree Choc Ice  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Carrot Cake  Fresh Fruit	Homemade Cupcakes

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