



Week Commencing 12/06/17

## DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza and Baked Potato Wedges Served with Fresh Salad	Homemade Local Chicken Curry Served with Wholegrain Rice	Quorn Mince Cottage Pie Served with Seasonal Vegetables	Homemade Local Beef Lasagne Served with Crusty Bread	Homemade Battered Fish or Fish Fingers Served with Chips and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Tuna Wholemeal Pasta Salad	Broccoli and Cheese Pasta Bake	Homemade Cheese and Onion Quiche	'Twice Baked' Jackets	Homemade Salmon Fish Pie
<b>Homemade Soup</b>	<b>Chef's Choice</b>	<b>Tomato and Lentil</b>	<b>Chef Choice</b>	<b>Curried Cauliflower</b>	<b>Chef's Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Pizza	Wholemeal Rice	Mashed Potato	Wholemeal Pasta	Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Tomato and Onion</b>	<b>Green Beans</b>	<b>Peas and Carrots</b>	<b>Cucumber, Lettuce</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Yoghurt Selection  Fresh Fruit	Homemade Fruit Scones with Jam and Cream  Fresh Fruit	Homemade Apple Flapjacks  Fresh Fruit	Jam and Coconut Sponge  Fresh Fruit	Yoghurt Selection  Fresh Fruit

All our meat is farm assured from local suppliers, we use free range eggs, organic milk, pasta and flour. All of our fruit and vegetables are locally sourced where possible.

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Week Commencing 19/06/17

## DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Wholemeal Tomato Pasta Bake Served with Crusty Bread	Homemade Spanish Chicken Served with Yellow Wholegrain Rice and Fresh Salad	Homemade Vegetable Noodle Stir-fry Served with Spring Rolls	Local Pork Sausage Served with Mashed Potato, Onion Gravy and Seasonal Vegetables	Fish Cake Served With Homemade Chips and Baked Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Vegetable Egg Fried Wholegrain Rice	Cheese and Tomato Toasties	Falafel Pitas	Cheesy Beans Pasta Bake	Meat Free Rolls
<b>Homemade Soup</b>	Chef's Choice	Tomato and Lentil	Chef's Choice	Carrot and Coriander	Chef's Choice
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Pasta	Wholegrain Rice	Rice	Mash	Chips
<b>Vegetables</b> Salad Bar with Hummous	Fresh Salad	Chickpeas Peppers	Carrots and Peppers	Seasonal Vegetables	Peas or Beans
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Yoghurt Selection	'Chocolate' Fudge Cake Fresh Fruit	Fresh Fruit Yoghurt Crunch Pots Fresh Fruit	Chad's Cake Fresh Fruit	Yoghurt Selection Cheese and Crackers

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Week Commencing 26/06/17

## DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Vegetable and Feta Wholemeal Pasta Served with Fresh Garlic Bread and Salad	Local Chicken Fajitas Served with Tortilla Wraps and Rice Salad	Roast Pork Loin Dinner Served with New Potatoes, Seasonal Vegetables and Gravy	Caribbean Curry Beef – Served with Rice and Peas and Fresh Salad	Fish Fingers and Homemade Chips Served with Mushy Peas or Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Homemade Cheese and Tomato Quiche	Veggie Sausage Rolls	Vegetable and Cheese Quesadillas	Pesto Pasta	Homemade Salmon Fish Pie
<b>Homemade Soup</b>	<b>Chef's Choice</b>	Tomato and Lentil	<b>Chef's Choice</b>	Summer Vegetable	<b>Chef's choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Pasta	Rice Salad	New Potatoes	Wholemeal Rice	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Carrot Beetroot</b>	<b>Red Onion Sweetcorn</b>	<b>Seasonal Vegetables</b>	<b>Green Beans</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh fruit Salad Yoghurt Selection	Homemade Carrot Cake Fresh Fruit	Syrup Sponge Pudding and Custard Fresh Fruit	Homemade Ginger Biscuits Fresh Fruit	Yoghurt Selection Cheese and Crackers

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry – Served with Wholegrain Rice and Green Beans	Homemade Lamb and Vegetable Hotpot Served with Seasonal Vegetables	Homemade Wholemeal Macaroni Cheese and Peas, Served with Crusty Bread	Kotlet Schabowy – Traditional Breaded Pork Loin Served with Cabbage and Parsley Potatoes	Homemade Battered Fish – Served with Homemade Chips and Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Vegetable Egg Fried Rice	Cheese and Tomato Toasties	‘Twice Baked’ Jackets	Homemade Cheese and Chive Quiche	Meat Free Rolls
<b>Homemade Soup</b>	Chef’s Choice	Tomato and Lentil	Chef’s Choice	Pea and Mint	Chef’s Choice
<b>Starchy Food</b> Various Bread Choices Available	Wholegrain Rice	Potato	Wholemeal Pasta	Potato	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Green Beans	Seasonal Vegetables	Sweetcorn Cucumber	Braised Cabbage	Mushy Peas
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Syrup Cornflake Cakes  Fresh Fruit	Cherry Bakewell Flapjacks  Fresh Fruit	Fresh Fruit Salad  Yoghurt Selection	Oat Cookies  Fresh Fruit	Yoghurt Selection  Fresh Fruit

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Week Commencing 10/07/17

## DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne – Served with Fresh Salad and Crusty Bread	BBQ Chicken Served with Mashed Potato and Corn on the Cobb	Homemade Pizza Served with Baked Wedges and Vegetable Pasta Salad	Honey Roast Ham Served with Cauliflower Cheese and Minted New Potatoes	‘Chip Shop’ Curry Sauce Served with Boiled Wholegrain Rice and Chips
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Quorn Mince Cottage Pie	Veggie Sausage Ciabattas	Vegetable Paella	Cheese and Leek Quiche	Macaroni Cheese
<b>Homemade Soup</b>	Chef’s Choice	Tomato and Lentil	Chef’s Choice	Roasted Vegetable	Chef’s Choice
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Potato	Vegetable Paella	Rice	Chips/Rice
<b>Vegetables</b> Salad Bar with Hummous	Cucumber Tomato	Corn on the Cobb	Salad Choices	Cauliflower	Salad Choices
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Arctic Roll Fresh Fruit	‘Chocolate’ Cookies Fresh Fruit	Fresh Fruit Pavlova Yoghurt Selection	Apple and Oat Crumble with Ice Cream Fresh Fruit	Strawberries and Ice Cream Fresh Fruit

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Week Commencing 17/07/17

## DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Vegetable, Chickpea and Wholegrain Rice Enchiladas – Served with Salad	Homemade Steak and Vegetable Shortcrust Pastry Pie Served with New Potatoes and Veg	CHEF'S CHOICE	Homemade Breaded Chicken Goujons Served with Homemade Chips and Baked Beans	END OF TERM PARTY Party Food – Sandwiches, Salads, Pizza, Quiche
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Homemade Tuna Pasta Salad	'Twice Baked' Jackets	CHEF'S CHOICE	Salmon and Spinach Wholemeal Pasta	Party Food
<b>Homemade Soup</b>	Chef's Choice	Chef's Choice	CHEF'S CHOICE	Chef's Choice	Party Food
<b>Starchy Food</b> Various Bread Choices Available	Tortilla Wrap	New Potatoes	CHEF'S CHOICE	Chef's Choice	Party Food
<b>Vegetables</b> Salad Bar with Hummous	Sweetcorn Tomato	Carrot and Swede	CHEF'S CHOICE	Salad Baked Beans	Party Food
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Homemade Iced Apple Flapjacks  Fresh Fruit	Homemade Bakewell Tart  Fresh Fruit	CHEF'S CHOICE	Homemade Apple and Oat Crumble served with Ice Cream  Fresh Fruit	Cupcakes, Biscuits and Jelly  Fresh Fruit

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